

# Collegiate Assistance Program

Reliable,  
confidential  
information is  
just a phone  
call away  
— 24 hours  
a day  
7 days  
a week.

Now you can speak with a Registered Nurse or Student Assistance Specialist any time, day or night. A caring professional can help you make informed decisions about your physical and mental health. Collegiate Assistance Program can give you information and support when you:

- Aren't sure if you have a serious medical problem
- Want to learn how to take care of a new or chronic condition
- Need advice on dealing with the common stresses of life
- Need information about medications, tests or procedures

It's simple — just call our toll-free number!

**1-866-796-1847**

(Phone lines will be active on the first effective day of your policy)

Collegiate Assistance Program is provided by OptumHealth Behavioral Solutions and Optum Health Care Solutions. Collegiate Assistance Program is not a substitute for medical attention. If you have an emergency medical condition, please call 911 or your local emergency services number.

